

FELLOWSHIP IN ARTHROSCOPY AND SPORTS MEDICINE



INSTITUTE OF ADVANCED ORTHOPEDICS

MOSC MEDICAL COLLEGE HOSPITAL

KOLENCHERY, KOCHI, KERALA, INDIA

Fellowship Director: Dr. Sujit Jos MS(Ortho), FRCS Glas., MCh(Ortho), MRCS Ed.

Instructions to Fellows on Joining

1. Fellowship Intake and Selection

- Intake Dates:
 - November 1st (Interview in the 2nd or 3rd week of September ★)
 - May 2nd (Interview in the 2nd or 3rd week of March ★)
- Selection Process:
 - Structured Interview (100 marks)
 - Entry Examination (100 marks)

2. Fellowship Duration and Eligibility

- Duration: 1 year
- Eligibility: Minimum 2 years post MS (Ortho) / DNB (Ortho)
- Seats: 2 fellows per year (1 per intake)
- Accreditation: ISAKOS-approved fellowship

3. Logbook and Reporting

- Fellows must maintain a logbook of all clinical, academic, and surgical work.
- The logbook must be signed monthly by the supervising faculty.
- Submission:

- Physical copy to the Department
- E-copy to the Department Email and docjoints@gmail.com

4. Academic and Publication Requirements

During the fellowship, the following publications are expected to be completed:

1. By 6 months:

- 1 Case Report
- 1 Surgical Technique report

2. By 10 months:

- 1 Case Series or Randomized Control Trial (RCT) to be submitted to a peer-reviewed journal, ensuring time for revisions and acceptance before fellowship completion.

5. Final Fellowship Completion Requirements

- Monthly signed logbook (physical + e-copy submission).
- Minimum 1 case series/RCT, 1 surgical technique, and 1 case report published/under review.
- Presentation in a National-level conference.
- Final evaluation with >50% required for successful certification.

Note to Fellows:

This fellowship is designed to provide extensive clinical exposure, surgical training, research experience, and academic development in Arthroscopy and Sports Medicine. Active participation, disciplined documentation, and timely completion of academic work are essential for successful completion.

★ Exact interview date will be intimated by the HR office.